

# 2010 World Karate Championships

## BLACK BELT DIVISIONS

### BLACK BELT FORMS

11 & Under Creative Male  
11 & Under Creative Female  
11 & Under Traditional Male  
11 & Under Traditional Female  
12-14 Creative Male  
12-14 Creative Female  
12-14 Traditional Male  
12-14 Traditional Female  
15-17 Creative Male  
15-17 Creative Female  
15-17 Traditional Male  
15-17 Traditional Female  
18-34 Creative Male  
18-34 Creative Female  
18-34 Traditional Male  
18-34 Traditional Female  
35-44 Creative Male  
35-44 Creative Female  
35-44 Traditional Male  
35-44 Traditional Female  
45+ Creative Male  
45+ Creative Female  
45+ Traditional Male  
45+ Traditional Female



### BLACK BELT WEAPONS

12 & Under Creative Male  
12 & Under Traditional Male  
12 & Under Creative Female  
12 & Under Traditional Female  
13-17 Creative Male  
13-17 Traditional Male  
13-17 Creative Female  
13-17 Traditional Female  
18-34 Creative Male  
18-34 Traditional Male  
18-34 Creative Female  
18-34 Traditional Female  
35-44 Creative Male  
35-44 Traditional Male  
35-44 Creative Female  
35-44 Traditional Female  
45+ Creative Male  
45+ Traditional Male  
45+ Creative Female  
45+ Traditional Female

### BLACK BELT SPARRING

11 & Under Male  
11 & Under Female  
12-14 Male  
12-14 Female  
15-17 Male  
15-17 Female  
18-34 Female (flyweight 120 lbs & Under)  
18-34 Female (light weight 121-139 lbs)  
18-34 Female (middle weight 140-150 lbs)  
18-34 Female (heavy weight 151lbs & Over)  
18-34 Male (light weight 150 lbs & Under)  
18-34 Male (middle weight 151-175 lbs)  
18-34 Male (heavy weight 176 lbs & Over)  
35-44 Female (light weight 139 lbs & Under)  
35-44 Female (middle weight 140-150 lbs)  
35-44 Female (heavy weight 151lbs & Over)  
35-44 Male (light weight 150 lbs & Under)  
35-44 Male (middle weight 151-175 lbs)  
35-44 Male (heavy weight 176 lbs & Over)  
45+ Female (light weight 139 lbs & Under)  
45+ Female (middle weight 140-150 lbs)  
45+ Female (heavy weight 151lbs & Over)  
45+ Male (light weight 150 lbs & Under)  
45+ Male (middle weight 151-175 lbs)  
45+ Male (heavy weight 176 lbs & Over)

<b>SYNCHRONIZED FORMS</b>
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Open
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<b>EXTREME FORMS</b>
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11 & Under Male 11 & Under Female 12-14 Male 12-14 Female 15-17 Male 15-17 Female 18-34 Male 18-34 Female
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<b>EXTREME WEAPONS</b>
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11 & Under Male 11 & Under Female 12-14 Male 12-14 Female 15-17 Male 15-17 Female 18-34 Male 18-34 Female
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<b>SYNCHRONIZED WEAPONS</b>
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Male
Female

<b>SELF DEFENSE</b>
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17 & Under Male/Female 18-34 Male/Female 35-44 Male/Female 45+ Male/Female
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<b>TEAM SPARRING</b>
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3- member team 18+ Male 3-member team 18+ Female 2-member team 30+ Male 2-member team 30+ Female
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CONTINUOUS SPARRING (Open to all Ranks)

11 & Under Male  
11 & Under Female  
12-13 Male  
12-13 Female  
14-15 Male  
14-15 Female  
16-17 Male  
16-17 Female  
18-34 Female (flyweight 120 lbs & Under)  
18-34 Female (light weight 121-139 lbs)  
18-34 Female (middle weight 140-150 lbs)  
18-34 Female (heavy weight 151lbs & Over)  
18-34 Male (light weight 150 lbs & Under)  
18-34 Male (middle weight 151-175 lbs)  
18-34 Male (heavy weight 176 lbs & Over)  
35-44 Female (light weight 139 lbs & Under)  
35-44 Female (middle weight 140-150 lbs)  
35-44 Female (heavy weight 151lbs & Over)  
35-44 Male (light weight 150 lbs & Under)  
35-44 Male (middle weight 151-175 lbs)  
35-44 Male (heavy weight 176 lbs & Over)  
45+ Female (light weight 139 lbs & Under)  
45+ Female (middle weight 140-150 lbs)  
45+ Female (heavy weight 151lbs & Over)  
45+ Male (light weight 150 lbs & Under)  
45+ Male (middle weight 151-175 lbs)  
45+ Male (heavy weight 176 lbs & Over)

TEAM DEMO

Open



## UNDER BLACK BELT DIVISIONS

### UNDER BLACK BELT SPARRING

5 & Under all Ranks Boys  
5 & Under all Ranks Girls  
6 Beginners Boys  
6 Beginners Girls  
6 Intermediate Boys  
6 Intermediate Girls  
6 Advance Boys  
6 Advance Girls  
7-8 Beginners Boys  
7-8 Beginners Girls  
7-8 Intermediate Boys  
7-8 Intermediate Girls  
7-8 Advance Boys  
7-8 Advance Girls  
9-10 Beginners Boys  
9-10 Beginners Girls  
9-10 Intermediate Boys  
9-10 intermediate Girls  
9-10 Advance Boys  
9-10 Advance Girls  
11-12 Beginners Boys  
11-12 Beginners Girls  
11-12 Intermediate Boys  
11-12 Intermediate Girls  
11-12 Advance Boys  
11-12 Advance Girls  
13-14 Beginners Boys  
13-14 Beginners Girls  
13-14 Intermediate Boys  
13-14 Intermediate Girls  
13-14 Advance Boys  
13-14 Advance Girls  
15-17 Beginners Boys  
15-17 Beginners Girls  
15-17 Intermediate Boys  
15-17 Intermediate Girls  
15-17 Advance Boys  
15-17 Advance Girls  
18-34 Beginners Male  
18-34 Beginners Female  
18-34 Intermediate Male  
18-34 Intermediate Female  
18-34 Advance Male  
18-34 Advance Female



35-44 Beginners Male  
35-44 Beginners Female  
35-44 Intermediate Male  
35-44 Intermediate Female  
35-44 Advance Male  
35-44 Advance Female  
45+ Beginners Male  
45+ Beginners Female  
45+ Intermediate Male  
45+ Intermediate Female  
45+ Advance Male  
45+ Advance Female

**UNDER BLACK BELT FORMS**

5 & Under all Ranks Boys  
5 & Under all Ranks Girls  
6 Beginners Boys  
6 Beginners Girls  
6 Intermediate Boys  
6 Intermediate Girls  
6 Advance Boys  
6 Advance Girls  
7-8 Beginners Boys  
7-8 Beginners Girls  
7-8 Intermediate Boys  
7-8 Intermediate Girls  
7-8 Advance Boys  
7-8 Advance Girls  
9-10 Beginners Boys  
9-10 Beginners Girls  
9-10 Intermediate Boys  
9-10 intermediate Girls  
9-10 Advance Boys  
9-10 Advance Girls  
11-12 Beginners Boys  
11-12 Beginners Girls  
11-12 Intermediate Boys  
11-12 Intermediate Girls  
11-12 Advance Boys  
11-12 Advance Girls  
13-14 Beginners Boys  
13-14 Beginners Girls  
13-14 Intermediate Boys  
13-14 Intermediate Girls  
13-14 Advance Boys

13-14 Advance Girls  
15-17 Beginners Boys  
15-17 Beginners Girls  
15-17 Intermediate Boys  
15-17 Intermediate Girls  
15-17 Advance Boys  
15-17 Advance Girls  
18-34 Beginners Male  
18-34 Beginners Female  
18-34 Intermediate Male  
18-34 Intermediate Female  
18-34 Advance Male  
18-34 Advance Female  
35-44 Beginners Male  
35-44 Beginners Female  
35-44 Intermediate Male  
35-44 Intermediate Female  
35-44 Advance Male  
35-44 Advance Female  
45+ Beginners Male  
45+ Beginners Female  
45+ Intermediate Male  
45+ Intermediate Female  
45+ Advance Male  
45+ Advance Female

**UNDER BLACK BELT WEAPONS**

12 & Under Boys  
12 & Under Girls  
13-17 Boys  
13-17 Girls  
18-34 Male  
18-34 Female  
35-44 Male  
35-44 Female  
45+ Male  
45+ Female

**UNDER BLACK BELT SELF DEFENSE**

17 & Under All Ranks Male/Female  
18-34 All Ranks male/Female  
35-44 All Ranks Male/Female  
45+ All Ranks Male/Female